



## **WELCOME TO THE FUNCTIONAL MEDICINE CERTIFICATION TRAINING**

Gain a deeper understanding of chronic diseases and offer personalized treatment based on each patient's individual function and biochemistry.



**MEDICAL TRAINING**

**REGAINHEALTH**  
SCIENCE

# Learn about...

- The Fundamentals of Functional Medicine
- Immune Imbalance & Chronic Diseases
- Digestive, Absorptive, and Microbiological Imbalances
- Evidence-Based Nutritional Protocols
- Environmental Chemicals & Detoxification
- Hormonal Imbalance
- Calming The Mind: Psychophysiology of Mood Disorders
- Aging and Women's and Men's Health
- Mitochondria Function & Chronic Diseases
- Structural Integrity & Treating Chronic Pain
- Using Technology in Patient Care
- Case studies & Successful Clinical Protocols
- Coaching, Marketing, and Sales in Functional Medicine

**Improve your clinical success with  
our comprehensive medical training**



# Presenters



Professor Liz Lipski is an author, researcher, and a clinician with 30 years' experience in field of digestion related conditions and clinical nutrition. She received her PhD in Clinical Nutrition and she is the Director of the Academic Development for the Nutrition programs in Clinical Nutrition at Maryland University of Integrative Health. She is on faculty for our Functional Medicine Training Certification, The Institute for Functional Medicine, the Metabolic Medicine Institute fellowship program. She is also on the advisory boards for the Accreditation Council for Professional Nutrition Education (ACNPE), the American Nutrition Association, the Certified International Health Coaches, and the Autism Hope Alliance.



DAVID MUSNICK, MD, is board-certified in Internal Medicine and Sports Medicine and is certified in Functional Medicine. He has been in practice for 29 years and has practiced Functional Medicine for 24 years. Dr. Musnick gives lectures on many topics in Functional Medicine. He has created and lectured extensively on a Functional Medicine Approach to Pain Management. He has created and lectured on A Functional Medicine Approach to Healing Concussion. He has written numerous book chapters on Osteoarthritis. He has extensive experience in taking care of patients with Concussion, Mild Traumatic Brain Injury and Mild Cognitive Impairment. He is also an expert in all aspects of Functional Medicine including: Functional immunology, GI problems, Irritable Bowel Syndrome, insomnia, Fibromyalgia Syndrome, Arthritis, Autoimmune disorders, genomics, Depression, Lipid and Cholesterol problems and the prevention of heart disease. Dr. Musnick teaches Frequency Specific Microcurrent and how to integrate that modality with Functional Medicine. He taught Sports Medicine and Pain Management at Bastyr University for 16 years and is a very lively and informative speaker.



Dr Michelle Leary-Chang is a researcher, presenter, and a Functional Medicine Physician practicing general primary care and specialty men's and women's health. She completed training at the Institute of Women's Health, American Academy of Anti-Aging Medicine (A4M), and the Institute for Functional Medicine (IFM) in areas of fertility, hormone management for men and women, anti-aging medicine, and metabolic weight-loss.

# Presenters



Dr. Jonathan Nadal earned a Doctorate in Naturopathic Medicine and a Master of Science in Acupuncture and Oriental Medicine from the National University of Natural Medicine. Dr. Nadal specializes in integrative medicine and advanced lab testing for the treatment of chronic and inflammatory conditions.



Heather Zwickey, PhD is a researcher and professor of immunology. She earned a Ph.D. in Immunology and Microbiology, completed a postdoctoral fellowship at Yale School of Medicine, and established the Helfgott Research Institute for research in integrative medicine.



Dr Lauren Deville received her Bachelor's of Science in Biochemistry and Molecular Biophysics and Doctor of Naturopathic Medicine. She is the author of *The Holistic Gut Prescription* and *How to Be Healthy: Body, Mind, and Spirit.*, and the host of the weekly podcast *Christian Natural Health*.



Tal Cohen, DAOM, MS-HNFM is an author, presenter, and a healthcare provider with 16 years of clinical experience. He is the author of several books and patient guides, including *'Treating Pain and Inflammation with Functional Medicine: The Complete Clinical Guide'* and *'The Complete Guide to Removing Toxins & Improving Your Health.'* Tal completed holds a Master of Science in Human Nutrition and Functional Medicine and a Doctorate in Acupuncture and Oriental Medicine.